



\*CHOOSE ONE OF THE ABOVE.

This is a preoperative skin preparation for the surgical patient that has been shown to be effective in removing bacteria from the skin including MRSA. Dr. Gerlinger recommends you wash with Chlorhexidine Gluconate (CHG) prior to your joint replacement surgery to help decrease the risk of an infection.

#### Where do I purchase this cleanse?

- Midwest Orthopaedics at Rush- Durable Medical Equipment (DME) Store
  - Suite 103, 1<sup>st</sup> floor behind Subway
- Local drugstore such as CVS or Walgreens
  - Simply let the store know you are looking for Chlorhexidine Gluconate cleanse and they will assist you in purchasing the product. You do not need a prescription.

#### How do I use each product? (Pick 1 product to use)

- **Sage Cloth:** There will be 2 cloths in the package. Use one cloth the evening before the surgery and the second cloth the morning of surgery prior to arriving at the hospital. Wipe skin at the joint area where you are having surgery for 5 minutes then let the area dry.
- **Hibiclens:** The night before your surgery and the morning of your surgery you will use this cleanse to clean the surgical area for 5 minutes in the shower using a quarter of a cup of the CHG soap and then rinse.